Water fluoridation is not only safe, but also essential for preventing tooth decay and cavities

Indiana Department of Health

"Research shows that community water fluoridation offers perhaps the greatest return-on-investment of any dental care strategy." -Pew Charitable Trusts

Did you know?

- Fluoride occurs naturally in water, though usually not at a high enough level to protect teeth

- Community water fluoridation is the most cost-effective way to protect oral health and advance health equity
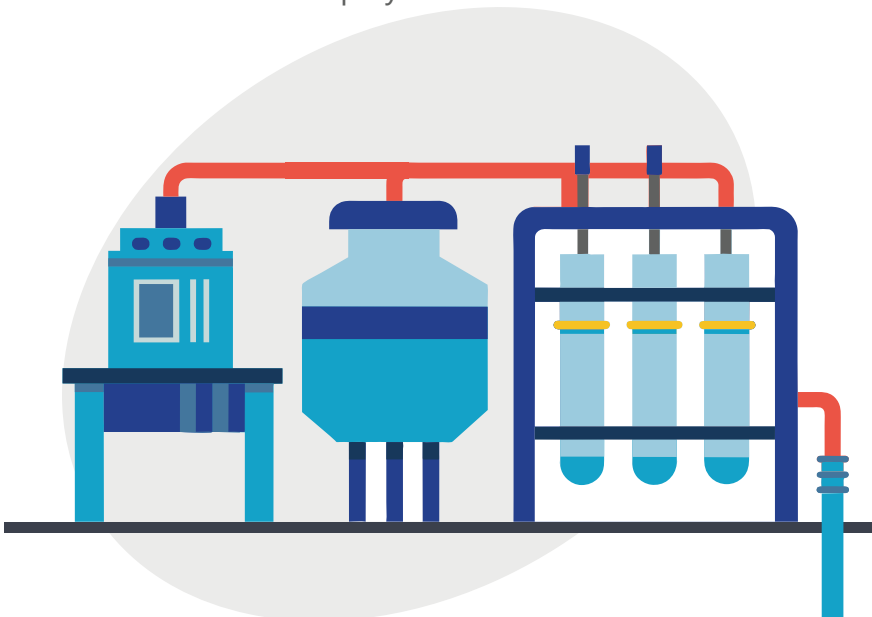
What is water fluoridation and why is it important?

Water fluoridation is a public health measure that adjusts fluoride levels in community water to prevent tooth decay. It benefits dental health across populations, especially for those lacking regular dental access.

Why is fluoride important for children?

Fluoride plays a vital role in preventing tooth decay and strengthening their teeth. From drinking water to tooth-paste and dental treatments, fluoride is readily available to support children's oral hygiene.

How do you know if my water is fluoridated?

My Water's Fluoride (MWF) allows consumers to learn about the fluoride level in their drinking water. Scan to learn more:

SCAN HERE
TO GET MORE INFORMATION